

Swimming Guidelines for Parents

- Government guidelines state that by the time children complete primary school, they should be able to swim 25 metres.
- All relevant medical information **MUST** be transmitted to school and must be updated throughout the year. Children with asthma should keep their inhaler in class. It will be taken to the swimming pool with your child's class by a member of staff on each visit to the pool.
- Swimming costumes must be ASA regulation type. Boys wear trunks not shorts and girls wear one piece swimsuits, no bikinis.
- No jewellery must be worn.
- If your child has a verruca it is recommended that they are covered by a verruca sock or gel.
- Hair must be secured off the face at all times by a clip or band, if not a bathing cap should be worn.
- If your child is unable to swim then the school should be informed via your child's planner.

