

Homework Guidelines

To help your child at home:

- Give your child a healthy snack such as a banana before they begin work.
- Provide a peaceful place to work away from distractions such as the TV.
- Provide a table and chair for your child, try to make it a clutter free area.
- Ensure that your child has the necessary equipment: pencil, rubber, ruler etc.
- Find a good time to do homework, this may be as soon as they come in from school, or first thing in the morning if they are an early riser.
- Encourage and give guidance to your child, but don't do the work for them.
- Use the information in the back of the planner to help you.
- Let the teacher know if your child is struggling with the work.
- Value your child's homework.
- Praise your child for their efforts.

Tips for you:

- ✓ Find a quiet place to work that has a table and space.
- ✓ Turn off the television and radio.
- ✓ Brothers or sisters can work alongside you or leave the room.
- ✓ Ask someone to tape any programmes you want to watch for later.
- ✓ Ask someone else to answer the phone or door.
- ✓ Ask your family to tell any friends who call, to call back later.
- ✓ Take regular short breaks to stretch your arms and legs, just a few moments is long enough.
- ✓ Try to finish each piece of work in one go, don't leave it half way through.