

Equivalences

Mass

1000 grams (g) = 1 kilogram (kg)

1000 kilograms (kg) = 1 tonne

Capacity

1000 millilitres (ml) = 1 litre (l)

100 centilitres (cl) = 1 litre (l)

Length

1000 millimetres (mm) = 1 metre (m)

1000 metres (m) = 1 kilometre (km)

10 millimetres (mm) = 1 centimetre (cm)

100 centimetres (cm) = 1 metre (m)

Remember!

'centi' = 100

'kilo' = 1000

'milli' = 1000th

Time

60 seconds = 1 minute

60 minutes = 1 hour

24 hours = 1 day

365 days = 1 year

12 months = 1 year

Months

30 days have September, April, June and November;

All the rest have 31 except February alone which has 28 days and 29 in a leap year.